

# MILES KNICKERBOCKER

Senior Consultant  
Workplace Psychologist  
BA Psychology (Hons), M. Clin Psych



## COACHING PROFILE:

### Diagnostic Tools:

Safety Leadership, DiSC, Adaptive Leadership, Clifton Strengths Finder, Integral Model, 360 Feedback Surveys, HSE, Authentic Leadership Survey

### Coaching Style and Approach:

Miles's consulting experience has provided with him the privilege of offering coaching to a vast collection of individuals and teams ranging from executives to front-line leaders. Miles adopts a narrative and strengths-based approach towards coaching founded on the principles of empowerment, understanding and curiosity. While the specifics alter depending on the individual engaging in the coaching process; Miles's coaching efforts are always in service of the greater goal of helping his clients discover and access skills and approaches that help them succeed and better navigate the adaptive and technical challenges they encounter both within their work and personal lives.

Miles draws heavily on his background in behavioural science, human factors, and cognitive neuroscience to help individuals better understand the challenges and eccentricities of the human condition. Making it ok to be human. To not be perfect and without mistake. To be vulnerable and to be able to learn forward and thrive within whatever environment a person is presented with.

Miles has a particular passion for neuroscience and how the Brain works. Looking at the Brain as a type of metaphorical "engine" that like a real engine requires regular maintenance, check-ups and tweaking to ensure that it, and through association us, are operating at our best. His coaching approach draws heavily on better understanding how the Brain works (its eccentricities, strengths and limitations), the key behavioural, thinking and social patterns that show up for people and how they can be enhanced or challenged effectively to drive ways of thinking, acting, and being that are more in line with achieving particular goals.

### Coaching Areas of Expertise:

Miles has been providing performance, leadership and safety based coaching support for the past 15 years. This has consisted of both in-field and office-based environment. He has a particular passion for in-field coaching; being able to directly observe people in action and provide direct behavioural coaching in the moment and within the context of their real-world operational environment.

Over the course of Miles's career he has provided coaching support within a range of sectors and focus areas such as leadership, strategic and business planning, safety leadership and engagement, team building and lifting performance, conflict resolution, mediation, organisational health and psychosocial risk management, design and facilitation of training programs, workshops and cultural change initiatives along with delivery of leadership and team interventions.

### Previous Coaching Assignments:

Some of the clients that Miles has provided coaching support for include:

- Qld Department of State Planning
- Qld Health
- Roma House
- Shell QGC
- Murrumbidgee Irrigations
- Origin Energy
- JKC (Ichthys Gas Project)
- BHP
- Water NSW
- SEQ Water
- Sun Water
- Ergon Energy
- Wilmar Sugar
- Kiwi Rail

#### DIRECT PHONE

0487 004 789

#### EMAIL

milesk@evexia.com.au



#### OFFICE PHONE

1300 383 942

#### WEBSITE

www.evexia.com.au